

# OCTOBER | 2024



## HS/MS Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 Oatmeal	2 Mini Cinnamon Rolls	3 French Toast	4 Sausage Gravy And Biscuits
7 Breakfast Pizza	8 Breakfast Burrito	9 Pancakes	10 Oatmeal	11 Breakfast Empanada
14 Mixed Berry Scones	15 Sausage Egg, Cheese Muffin	16 Dutch Waffle	17 Sausage Gravy Breakfast Bites	18 Cinnamon Roll
21 Bagels Cream Cheese	22 Breakfast Scramble	23 Breakfast Pizza	24 French Toast	25 Pancakes
28 Cheese Omelet Sausage	29 Oatmeal	30 Belgian Waffle	31 Breakfast Burrito	1

Breakfast is served With Low Fat White Or Chocolate Milk

Orange, Apple or Grape Juice

Students are required to take 3 items, one item must be a fruit

Variety of Fruits Rotating Daily

Oranges, Apples, Apple slices, Bananas, Pears. Apple Sauce, Peach, Pear & Mandarin Orange Cups

High School Serving= 1 Cup

Middle School Serving= ¾ Cup

This institution is an equal opportunity provider