## OCTOBER 2024

## HS/MS Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30		1 Grilled Cheese Chicken Noodle Soup Or Tomato Soup	Soft Taco Bar	3 Mini Corn Dogs	4 Pizza
7	Wild Cat Bowl	8 Bosco Sticks Marinara Sauce	9 Chicken Quesadilla	10 Spaghetti Garlic Toast	11 Pizza
14	Boneless Chicken Wings Cheesy Potato's	Lasagna Roll-Ups Garlic Bread	Chili Dogs French Fries	17 No Lunch 11:10AM Dismissal	No Lunch 11:10 AM Dismissal
21	Fajita's	Mac and Cheese Peas Dinner Roll	Sub Bar	24 Ravioli Garlic Bread	25 Pizza
28	Chili Mac Corn Bread Bites	29 Enchiladas	Biscuits And Gravy Hashbrown's	31 11:10 AM Dismissal No Lunch	1

\_Student Lunch Includes Fresh Fruit & Veggie Bar

Variety of Fruits & Veggies Rotating

Oranges, Apples, Apple Slices, Bananas, Pineapple, Pears, Grapes

Canned Fruits
Peaches, Pears,
Mandarin Oranges,
Pineapple, Applesauce

**Variety of Fruit Cups** 

Vegetables
Carrots, Corn, Broccoli,
Peas, Cali Blend, Mix
Veggies, Green Beans,
Black Beans, Refried
Beans, Lettuce, Tomato,
Peppers

High School Serving= 1 Cup

Middle School Serving= 3/4 Cup

This institution is an equal opportunity provider

## OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30	1	2	3	4	
7	8	9	10	11	
14	15	16	17	18	
21	22	23	24	25	
28	29	30	31	1	